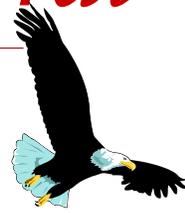


The Liberty Hill Liberal

What's Happening at LHA



SCHOOL NEWS

Guidance Corner

What a great month of celebrating our culture, our heritage, our ability to work together and impart knowledge by displaying tolerance, diversity, inclusion and having moments of unity while creating opportunities to grow. This month we learned about freedom quilts; black leaders, motivators, inventors, entrepreneurs, dreamers with smart goals and much more. We learned why it's important to celebrate Black History Month. Ms. Gadsden's class even wrote us a chant for our Express Yourself dress and parade day! During the classroom exchange Food for Your Soul students participated in showcasing the arts through their reading skills, poetry, plays, posters, drawings, movement, and sharing of knowledge and experiences. Other activities included Black History trivia games, this day in Black American history, did you know facts, national school bus driver day, national school counselor week, a Valentine's fundraiser and heart healthy facts. We accomplished so much as a school learning and growing community. Thank you all!

This month's character trait is honesty. During guidance we will be focusing on functional skills, career skills, stress relievers, St Patrick Day Events and the Olympics of the Warriors of WWF. We will also focus on IGP's and taking an honest look at student's future and options. Thank you LHA for making time to support our students and guidance. Thank you to the students who are really making strides in their daily days here at LHA. I see you doing some growth!

SCHOOL NEWS

News from the Nurse

~ Days to a Healthier Diet ~

Eat breakfast
 Eat 4-6 servings of vegetables daily
 Aim for 3-6 servings of grains each day
 Consume 5-6.5 ounces of protein daily
 Reduce fats
 Drink plenty of water
 Eat a snack before bed

Winners of the Biggest Loser Competition:
 Week 3: Ms. Woods
 Week 4: Ms. Mick
 Week 5: Ms. Gadsden
 Week 6: Ms. Smith



Charleston Artist Guild

Ms. Gunther is excited to announce that 13 LHA students have been chosen to have their artwork entered in the Extraordinary Art Exhibit, sponsored by the Charleston Artist Guild. The artwork will be displayed at the Main Library downtown (86 Calhoun Street) from March 1st-March 26th on the second floor lobby. There will be a reception on March 26th from 10:00-noon with an awards presentation at 11:00. Students have the opportunity to win money, gift cards, ribbons and honorable mention. LHA had 3 winners two years ago! The exhibit is also specifically for students with special needs! I will be there on the 26th and hope to see as many supporters there as possible!



MARCH NEWSLETTER 2016

Mark Your Calendars

This Month

UPCOMING EVENTS

3/1 Gaillard Field Trip 10-12

3/2-316 ACT WorkKeys Testing

3/3 Trident Tech Field Trip 9-12

3/5 Teacher Recruitment Fair-Stall HS

3/7 **Faculty Meeting**
Rein 'N Shine

3/8 Elementary Liaison 4:00

3/15 Girl Scout Luncheon 11:30

3/16 **Early Dismissal**
ACT WorkKeys Ends

3/21 Rein 'N Shine
Gaillard Field Trip 10-12

3/22 **Secondary Liaison 4:30**
End of 3rd Quarter

3/24 Gaillard Field Trip 10-12
Awards Day

3/25 **Make-up Day**
Cook Out

SPRING BREAK

Inspirational Quote

The harder you work, the luckier you get! Gary Player

Teacher of the Month

Robin Woods



Teacher Assistant of the Month

Kelly Shine



Did You Know

The 3 most common languages in the world are Mandarin Chinese, Spanish and English

The Hawaiian alphabet has 13 letters

11% of people are left handed

That you burn more calories eating celery than it contains (the more you eat the thinner you become)

The average human brain contains around 78% water

MARCH BIRTHDAYS

3/4 Tara Singleton
 3/17 Joy Shokes
 3/20 Sarah Jamme
 3/20 Shatisha Maxwell



It's a Great Day at Liberty Hill Academy – Let's SOAR!